



Newsletter

2014 – Issue 2

Annual General Meeting

The AGM for 2013/2014 is to be held in the Winston Conservative Club on the 26th March 2014. The meeting will commence at 20:00hrs.

All members are invited to attend. This is the one meeting of the year which gives you, as a fully paid up member, the opportunity to have your say and question the committee members on how the club is run.

If you have anything you wish to put on the agenda, it needs to be sent by the 12th March 2014.

The club is still looking for someone to take up the position of club secretary. The Secretary is the first point of contact for the administration of the club and is not time consuming. If anyone is interested in taking up the position please contact me.

Les

Annual Presentation

The 2013 Annual Presentation took place at Wythenshawe Cricket Club on the 15th February.



Congratulations to all the winners, Paul Lockett for the Most improved Gentleman runner. Terrie Blammon for the Most improved Lady runner. And Julie Carr, Special Achievement award for her marathon conquests and raising so much for charity. They were all worthy winners and hopefully all members can get in the running for

future prizes.

There was also a special presentation to Adele Chadwick as an inspirational runner. A fantastic role model for any aspiring runner who has improved both as a runner and in self-confidence.

A presentation was made to the Greater Manchester Asbestos Victims Support Group. A cheque to the value of £400.00, which was raised from the Ladies race 2013. Annette and Tony Fairclough were present to accept the cheque on behalf of the GMASG.

Congratulations should also go to Bernard Thompstone for organising the event. The venue was excellent and the service both from the bar staff and kitchen were outstanding.

I'm sure everyone will agree with me that the whole evening was a great spectacle and that everyone that couldn't make it missed out on a good night.

I look forward to the next year and I wish everyone that enters any races have a very successful year. I will look forward to presenting the trophies to this year's winners this time next year!

Les

Ladies Race Fundraising

Following the presentation, at the annual presentation night, of the cheque for the funds raised by the 2013 ladies' race, we received the following letter of thanks from the Greater Manchester Asbestos Victims' Support Group:



Justice for Asbestos Victims

Greater Manchester Asbestos Victims Support Group

Windrush Millennium Centre
70 Alexandra Road
Manchester M16 7WD

Tel: 0161 636 7555 Fax: 0161 636 7556

Email: asbestos.gmavsg@virgin.net
www: asbestos-victims-support.org

21 February 2014

Dear Ann


I am writing to thank you for the generous donation of £400 raised for our charity at the Winson Runners ladies race last July. Please pass on our thanks to all your members and supporters who contributed.

This donation will help us to continue our work on behalf of asbestos victims. It is especially helpful at this time when, unfortunately, the number of people newly diagnosed with mesothelioma and other asbestos-related diseases is increasing.

We very much appreciate your support and kindness.

With thanks and very best wishes.

Yours sincerely



Graham Dring

Rhyl 10

23rd February saw 16 members take part in the Rhyl 10, accompanied by almost as many supporters.



It was very much a run of two halves; the wind was behind the runners on the way up to Prestatyn, making the going a little easier, but on the way back it was bringing the runners to a near standstill while sandblasting their faces, to the extent that a number of runners could be seen with scarves covering their whole faces. It was certainly a baptism of fire for those runners who were doing their first race over 10k.

In spite of the challenging conditions, it was a great day out and I'm looking forward to the next big club day out.

Paul L



RACE RESULTS

Hit the Trail 5 5 January 2014

Name	Time	Position
Paul Muldoon	00:35:29	61
Paul Clifford	00:37:03	73
Paul Lockett	00:37:31	81
Lynda Clifford	00:43:56	178
Terrie Blammon	00:50:24	225
Fiona Ashworth	00:52:07	236
Carmen Donaghy	00:53:13	238
Annette Fairlcough	01:06:47	247

Central Lancashire Half Marathon 5 January 2014

Name	Pos	Gun
Kevin Maguire	335	2:07:50

Inskip Half Marathon 19 January 2014

Name	Gun	Pos
John Malone	2:03:35	357
Kevin Maguire	2:03:35	358

Four Villages Half Marathon

19 January 2014

Forename	Surname	Gun Time	Pos	Chip Time	Rank
Chloe	Harrison	02:10:18	1539	02:08:57	1550

Mad Dog 10k Southport

9 February 2014

Name	Pos.	Gun Time	Chip Time	Chip Pos.
Terrie Blammon	1518	1:08:54	1:07:52	1535

Rhyl 10

23 February 2014

Pos	Gun	Name
116	76:34	Paul Clifford
149	79:05	Peter Walters
184	81:15	Paul Lockett
191	81:44	John Malone
209	83:17	Tony Southworth
224	84:01	Mike Thompstone
327	91:42	Lynda Clifford
347	92:58	Dorothy Muldoon
348	93:00	Paul Griffin
427	1:42:30	Fiona Ashworth
437	1:43:40	Ros Dyde
466	1:48:06	Bernard Thompstone
467	1:48:06	Dave Allen
483	1:50:39	Terrie Blammon
511	2:14:42	Susan Lynne
512	2:14:43	Annette Fairclough

Dent 14

8 March 2014

Pos	Gun	Name
258	2:01:19	John Malone
409	2:24:54	Kevin Maguire
421	2:30:58	Ros Dyde

Trafford 10k

9 March 2014

Name	Pos.	Gun Time	Chip Time	Chip Pos.
Paul Lockett	423	0:45:02	0:44:46	422
Kath Tyms	775	1:03:23	1:03:03	780

FIXTURES

Races marked * have significant numbers of club members running.

*** Wilmslow Half Marathon**

Sunday, 23 March 2014

*** Cheshire 10k**

Sunday, 30 March 2014

Greater Manchester Marathon

Sunday, 6 April 2014

London Marathon

Sunday, 13 April 2014

Bolton 10k

Sunday, 13 April 2014

Air Products 10k

Sunday, 20 April 2014

*** Mobberely "Round the Runway" 5.3 mile**

Thursday, 24 April 2014

*** Great Manchester Run**

Sunday, 18 May 2014

Great Trail Challenge, 11k & 22k, Keswick

Sunday, 1 June 2014

We Love Manchester 10k

Sunday, 13 July 2014

City of Salford 10k

Sunday, 7 September 2014

*** Palma Marathon/Half-Marathon/10k**

Sunday, 19 October 2014