



**THE AUTHENTIC  
FOOD COMPANY**™

**Sponsors of the Winston  
Ladies 5k race 2008**

**7<sup>TH</sup> ANNUAL**

# **WINSTON RUNNERS LADIES 5K RUN**

**SUNDAY 6<sup>th</sup> July 2008 at 11.00am**

## **WYTHENSHAWE PARK**

(Start on athletics track, Wythenshawe Road)

### **South Manchester**

Permit  
pending

Flat Course – No Roads – Fully Marshalled

Toilet and changing Facilities, Car parking

Bath Towel - and Goody bag to all Finishers

Cash Prize of £50 for winner if they break the course record

**Prizes to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> overall and 1<sup>st</sup> and 2<sup>nd</sup> in all veteran age categories**

**Prize for Corporate Team (Minimum 3 per team - fastest 3 in team count)**

Sponsorship raised for St Ann's Hospice

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**ENTRY FORM FOR THE WINSTON RUNNERS LADIES 5K RUN**

Name ..... Age (on July 6<sup>th</sup> 2008) ... (Minimum age 15 years)

Address .....Postcode .....

Please enclose an *A4 stamped addressed envelope* to:

The Winston Runners 5K, 19 Town Gate Drive, Flixton, Manchester, M41 6ER. Telephone: 0161 749 7926

Race entry: £6.00 (AA Affiliated Club Members): £8.00 non-affiliated (Entries on the day £1.00 extra)

Name of Running Club .....Name of Team .....

**CHEQUES MADE PAYABLE TO 'WINSTON RUNNERS'**

Closing date for postal entries: June 30<sup>th</sup> 2008

50 pence extra if you require results posting to you – please tick box

**DECLARATION:**

I accept that I participate entirely at my own risk and I do not hold the organisers or any race official responsible for any loss or injury sustained to myself.

Signed..... Date .....

**Corporate team entries are accepted from firms or businesses or on behalf of charities.**

**3 runners per team**

**Prize for winning team of £25**